

Program version: 19.03.2023 2.230.319 NEW is marked red Groups of exercises Exercises / scenes

#### **Play Against the Wind**

Boats:

Welcome on Board:

Welcome to 'Play Against the Wind' - Boats parade: auto repeat

Select your boat:

Optimist Laser Finn 420er 470er Korsar Kielzugvogel Schwertzugvogel

H-Boat 29er 49er

Johnstone J / 70 Fareast 31 R Transpac TP 52

Speed:

Optimist 420er J / 70 Downwind 29er

Downwind 49er Downwind J / 70

Downwind Maxi Yacht TP 52

Demo:

First Steps:

Upwind Downwind

Knowing the 1x1 of winds basics Fine steering against the Wind 2x2

SLALOM SAILING - endless fun:

Slalom - 8 Buoys - auto repeat

Slalom - New Olympic format (in discussion)

Play Against the Wind:

Holiday Island - Autopilot 1 player Magic Island - Autopilot 1 player Stormy Weather - Autopilot 1 player

Tips:

Line sight

Sail the longer tack first

Concept:

A Game Against the Wind

Video show (auto repeat):

Wind 4x4 - Game modus: auto repeat

Tips Wind:

The Wind:

Oscillating breeze Shifting persitently

Start line:

Line sight

Wind oscillating:

Pick a median Tack on median Jibe on the lifts Stay near the middle

Wind shifts:

Sail for shifts Sail fast

Use the '10 to 25' rule

Puffs and lulls:

Head for puffs downwind

Head up in Iulls

Rules of Thumbs steering:

Covering

Avoid laylines and corners Away from shifts Tack on Headers Sail the longer tack first



Exercises / scenes

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Speed:

Go fast first, then point Fleet tactic:

Protect left

Reaching:

Go rhumbline

Finish line:

Shoot finish

Impressum:

Concept:

Idea Regattasimulation

Technical Concept

Design:

Programs and website

Advice:

A game against the Wind Boat Against Boat Sailboat racing Coach's Toolbox

Coaches:

Trainer - Coaches

Copyright:

Comments and Drawings

Translators Voices **Tactical Sailing** 

Licence:

Law and order

Help:

Getting started:

Main-Menu and Stop and Start/Pause Program Start or Pause and Stop

Cockpit and Instruments Keyboard shortcuts for the boat

Tips:

Video, Sound und Text

Game Modus:

Game Modus Wind 1x1 to 8x8

Rules of the game

Racing

Boats:

Your boat Autopilot ON Autopilot OFF Sparring partner

Cockpit:

Tack and Jibe

Luff up and Bear away Steering around Steering by wheel Steering by compass Compass and Log

Wind:

Wind display Wind

Version:

**Tactical Sailing Program** 

Service: Reset options:

Program settings

Change game area:

End the program you would like to change

Rules of games:

Rules of the Game < Against the Wind>



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Exercises / scenes

#### Games:

Play Against the Wind:

Knowing the 1x1 - Game modus basic Wind 2x2 - Game modus easy Wind 3x3 - Game modus medium Wind 4x4 - Game modus medium Wind 5x5 - Game modus difficult Wind 6x6 - Game modus difficult Wind 7x7 - Game modus very difficult Wind 8x8 - Game modus very complex

Wind 8x8 Tiles - Game modus extrem komplex

Wind 8x8 - Gusts - Masters Race

Olympic Races:

Olympic Triangle Olympic Trapeze

Slalom - New Olympic format (in discussion)

London to Rio 2016: Belcher&Ryan:

Gold Coast Race - Level 3

Sydney-Perth-Hobart - Level 4

Racing 29/49 Skiff:

29er Up and down

49er Up and down

Island of Mallorca:

Pollensa - Light Breeze Pollensa Racing Cup 6x6 Cap de Formentor 8x8

Lake Garda:

Vento - North - Trapeze course

Turbulent Winds - 30° 40° 50°:

Turbo Wind 30° - Randomly oscillating Turbo Wind 40° - Randomly oscillating Turbo Wind 50° - Randomly oscillating

SLALOM SAILING - endless fun:

Slalom - 3 Buoys Slalom - 4 Buoys Slalom - 8 Buoys Slalom - 16 Buoys Slalom - 24 Buoys Slalom - 32 Buoys

Slalom - New Olympic format (in discussion)

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Groups of exercises

Exercises / scenes

## **Boat Against Boat**

Boats:

Welcome on Board:

Welcome to 'Boat Against Boat'

Select your boat:

Opti Laser Finn 420er 470er Korsar Kielzugvogel Schwertzugvogel

H-Boat 29er 49er

Johnstone J / 70 Fareast 31 R Transpac TP 52

Impressum:

Concept:

Idea Regattasimulation **Technical Concept** 

Design:

Programs and website

Advice:

A game against the Wind **Boat Against Boat** Sailboat racing Coach's Toolbox

Coaches:

Trainer - Coaches

Copyright:

Comments and Drawings

Translators Voices **Tactical Sailing** 

Licence:

Law and order

Help:

Getting started:

Main-Menu and Stop and Start/Pause Program Start or Pause and Stop

Cockpits and Instruments

Keyboard shortcuts for Boat Against Boat

Cockpit:

Steering by wheel Steering by compass Compass and Log

Velocity Made Good (VMG) Count down - Timer Wind display Protest account

Tips:

Animation und Text

Game Modus:

Game Modus Wind 1x1 to 8x8

Match Race Fleet Race Racing

Boats:

Skipper of boat 1 right Skipper of boat 2 left

Keyboard shortcuts for Boat Against Boat

Coach's Toolbox:

Starting

Wind

Tactical targets

Wind:

Wind display

Version:

Tactical Sailing Program



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Exercises / scenes

Service: Reset options:

Program settings

Change game area:

End the program you would like to change

Demo:

First Steps:

First Step: How to control two boats

Play Boat Against Boat:

Round the Holiday Island - 2 players Eiermann Optimist B Cup - 2 players

Optimist A Cup - 2 players

Olympic Races:

Slalom Race - New Olympic Event (in progress)

Tips:

Wind from starboard-tack - Right of Way Wind on the Same Tack - Leeward boat

**Boat Against Boat:** 

Wind 4x4 - Game modus medium

Video show (auto repeat):

Boats parade - auto repeat

Games:

Fleet Race Wind 1x1

Fleet Race oscillating Wind 1x1

Fleet Race Wind 2x2 Fleet Race Wind 4x4

Fleet Race Wind 7x7 Vento Lake Garda

Fleet Race Wind 8x8 Fleet Race Wind 8x8\_Kacheln Round Bavaria (Germany) Wind 1x1 Round Isle of Mallorca (Spain) Wind 8x8

Match Race:

Fleet Race:

Match Race Wind 1x1

Match Race oscillating Wind 1x1

Match Race Wind 2x2 Match Race Wind 4x4 Match Race Wind 8x8

San Francisco Bay:

San Francisco Bay - Level 1 Autopilot San Francisco Bay - Level 1 Wind 1x1 San Francisco Bay - Level 2 Wind 2x2 San Francisco Bay - Level 3 Wind 3x3

Olympic Races:

Olympic Triangle 1-2-3

Slalom Race - New Olympic Event (in progress)

London to Rio 2016: Belcher&Ryan:

Round Australia Island - Level 1 auto pilot

Round Australia Island Level 1 Sydney Sailing Race - Level 2 Perth Sailing Race - Level 4

Lake Garda XXX. Optimist Meeting:

Vento - North - Trapeze course

Kiel Week:

Area 'Hotel' Wind 1x1 Area 'Kilo' Wind 4x4 Area 'Charly' Wind 7x7

Offshore Race with turbulent Wind:

Offshore Race - Hawaii - turbulent Wind 1x1 Offshore Race - Mallorca - Turbulent Wind 2x2

SLALOM SAILING - endless fun:

Slalom Race 3 Buoys Slalom Race 4 Buoys Slalom Race 8 Buoys Slalom Race 16 Buoys Slalom Race 24 Buoys Slalom Race 32 Buoys

Slalom Race - New Olympic Event (in progress)

FAMILY SAILING- Fun for four - 4 boats:

Sailing Scooter - 4 boats Team Race - Beginners - 4 boats



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Exercises / scenes

#### Tips Rules:

Racing Rules of Sailing:

Definition Tack, Starboard or Port

Wind and Right of Way:

Definition Tack, Starboard and Port

Right of Way or Keep Clear?

Wind on opposite tacks (Rule 10):

On Opposite Tacks - Beam Reach On Opposite Tacks - Close Hauled On Opposite Tacks - Reaching On Opposite Tacks - Running

Wind from starboard-tack - Right of Way Wind from port-tack I - Keep Clear Wind from port-tack II - Keep Clear

Wind on same tack - Overlapped (Rule 11):

Wind on the Same Tack - Leeward boat

On the Same Tack - Overlapped

Wind on same tack - Not Overlapped (Rule 12):

On the Same Tack - Not Overlapped On the Same Tack - Clear Ahead

While Tacking (Rule 13):

Keep Clear

Avoiding Contact (Rule 14):

Entitled to Room

Mark-Room (Rule 18):

Giving Mark-Room 18.2(a) Reaching the Zone 18.2(b,c)

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#### Coach's Toolbox

Boats:

Welcome on Board:

Welcome to 'Coach's Toolbox'

Select your boat:

Opti Laser Finn 420er 470er Korsar Kielzugvogel Schwertzugvogel

H-Boat 29er 49er

Johnstone J / 70 Fareast 31 R Transpac TP 52

Speed:

Optimist Downwind 29er Downwind J / 70

Speed and Pointing - 3 boats

Concept:

Idea Regattasimulation

Advice:

Sailboat racing

Coaches:

Trainer - Coaches

Copyright:

Comments and Drawings

Translators Voices **Tactical Sailing** 

Licence:

Law and order

Help:

Getting started:

Main-Menu

Program Start or Pause and Stop

Cockpits and Instruments

Cockpit:

Steering by wheel Steering by compass Compass and Log

Velocity Made Good (VMG) Count down - Timer Wind display Protest account

Boats:

Skipper of boat 1 - Color Skipper of boat 2 - Color

Keyboard shortcuts for training 'Boat Against Boat' Keyboard shortcuts for training 'Against the Wind'

Coach's Toolbox:

Starting

Tactical targets

Wind:

Wind

Wind display

Training modus:

Training modus Wind 1x1 to 8x8

Fleet Race Match Race Racing

Version:

**Tactical Sailing Program** 

Service: Reset options:

Reset Program option

Change game area:

End the program you would like to change



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Groups of exercises Exercises / scenes

Tips Tactic:

Strategy before starting:

Left or right side - 2 boats - Gust Upwind beat - skewed course - 2 boats Lift and Header - Upwind - Gust

Start line:

Starting line - Line sight - 1 Boat Autopilot

Starting line - skewed - 2 boats Count Down - 1 minute - 10 boats

Long tack first:

Sail the longer tack first - 2 boats Long leg and Laylines - 2 boats

Switch Point:

Switch Point Upwind - auto detection Switch Point Downwind - auto detection

Speed:

Downwind J / 70

Speed and Pointing - 3 boats

Down wind course:

Downwind - skewed course - 2 boats

Gain or loss:

Leverage - 'Money in the bank'

Reward and Risk - Windsystem-2:

Longer Tack and Covering - 2 boats

Chance and Risk - Upwind 'Wind System-2' - 2 boats

Finish line:

Finish line - skewed - 2 boats Finish line - 10 boats

Shoot finish

Tactic 'Team Race':

Upwind mark - Force 'room' NEW Downwind mark - Make 'room' NEW Dowind mark - Attack **NEW** Upwind mark - Attack 3 against 3

Exercise for Right of Way Rules 'Fleet race'

Windward mark Fleet Race - 10 boats

Downwind marks(Gate) - overlapped - 10 boats

Wind on opposite tacks (Rule 10):

Rule #10 Wind from starboard - Right of Way Rule #10 On Opposite Tacks - Close Hauled

Wind on same tack - Overlapped (Rule 11):

Rule #11 Wind on the Same Tack - Leeward boat Rule #11 On the Same Tack - Overlapped

Wind on same tack - Not Overlapped (Rule 12):

Rule #12 On the Same Tack - Not Overlapped

While Tacking (Rule 13):

Rule #13 Keep Clear

Avoiding Contact (Rule 14):

Rule #14 Entitled to Room

Mark-Room (Rule 18):

Rule #18(a) Giving Mark-Room Rule #18(b,c) Reaching the Zone



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Exercises / scenes

NEW

NEW

NEW

NEW

Junior:

First steps - Fox hunting:

Bear away - Luff up 1 Boat Autopilot Bear away - Luff up - 2 Boats Tack - Jibe - 1 Boat Autopilot

Tack - Jibe - 2 Boats

Chain of buoys - upwind and downwind:

Tacking upwind - 1 Boat autopilot Tacking upwind - 2 Boats Jibing downwind - 1 Boat autopilot Jibing downwind - 2 Boats

Sailing Scooter - 4 boats:

Sailing Scooter - 4 boats

Slalom Race - 4 boats:

Slalom Race - Advanced - 4 boats 14 marks

Start line:

Starting line - Line sight - 1 Boat Autopilot

Racing Areas:

Training at Palma de Mallorca - 2 boats 9 marks

My Wind - 2 boats:

My Wind 1x1 My Wind 3x3

My Wind 4x4 with Gusts

Exercise for Right of Way Rules:

Rules - Which boat must keep clear?

Racing Sailor:

Tactic against the Wind:

Left or right side - 2 boats - Gust Compass on beats - 2 boats Longer Tack and Covering - 2 boats

Start to Finish - Against the Wind:

Starting line - skewed - 2 boats Upwind beat - skewed course - 2 boats Downwind - skewed course - 2 boats

Upwind mark - 2 boats

Downwind mark - Zone - 2 boats Finish line - skewed - 2 boats

Long tack first:

Sail the longer tack first - 2 boats Long leg and Laylines - 2 boats

Switch Point:

Switch Point Upwind - auto detection Switch Point Downwind - auto detection

Curry Tack:

Curry Tack - defend your lead

Curry Tack - avert risk

Cross-Tack-Duck:

Cross tack duck near the finish line

Cross tack duck with wind shift near the windward mark

Cross-Tack-Duck - Attack and Defend

Lift and Header:

Lift and Header - Upwind - Gust Lift and Header - Downwind - Gust Lift and Header - Upwind - Wind 4x3 Lift and Header - Downwind - Wind 4x3

My Races:

My Race - Wind 1x1 - 2 Boats My Race - Wind 2x2 - 2 Boats My Race - Wind 4x4 - 2 Boats My Race - Wind 4x4 - 2 Boats - Gusts My Race - Lay out your own course - 4 boats





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Groups of exercises Exercises / scenes NEW

Expert:			
	Start to finish - 10 boats:		
		Starting lesson - 10 boats	
		Windward mark Fleet Race - 10 boats	
		Windward mark Match Race - 10 boats	
		Downwind marks(Gate) - Zone - 10 boats	
		Downwind marks(Gate) - overlapped - 10 boats	
	51	Finish line - 10 boats	
	Fleet Races 2+4 boats:	Floor Done Ha and Down 2 hoots	
		Fleet Race Up and Down - 2 boats Fleet Race - Professionals - 4 Boats	
	Match Races 2+4 boats:	Fleet Race - Plofessionals - 4 Boats	
	Water Naces 2+4 boats.	Match Race Up and Down - 2 boats	
		Match Race - Professionals - 4 Boats	
	Team Races 4 boats:		
		Team Race - Beginners - 4 boats	
		Team Race - Advanced - 4 boats	
		Team Race - Professionals - 4 Boats	
	Team Race Tactics		NEW
		Upwind mark - Force 'room'	NEW
		Downwind mark - Make 'room'	NEW
		Downwind mark - Attack	NEW
	Sailing Champions Lique 214 ho	Upwind mark - Attack 3 against 3	NEW
	Sailing Champions Ligue 2+4 bo	Champions League - League Format - 2 boats - Gusts	
		Champions League - 15 minutes Flight - 2 Boats (wind ramdom)	
		Champions League - League Format - 4 Boats - Gusts	
		Champions League - 15 minutes Flight - 4 Boats (wind randomly)	
	Hamburg River Alster 2+4 boats		
		Alster Cup - First Fleet - 2 boats - Gusts	
		Alster Cup - Gold Fleet - 2 Boats 15 minutes Flight(wind ramdom)	
		Alster Cup - First Fleet - 4 Boats - Gusts	
		Alster Cup - Gold Fleet - 4 Boats 15 minutes Flight (wind randomly)	
	London to Rio 2016: Belcher&R	•	
	Avaldand Con 2 haster	Medal Race Olympia London 2012 - 4 Boats	
	Auckland Cup - 2 boats:	Auckland Cup - 2 boats Wind 1x1	
		Auckland Cup - 2 boats Wind 1x1 - gusts	
		Auckland Cup - 2 boats Wind 1x1 - gusts  Auckland Cup - 2 boats Wind 2x2	
		Auckland Cup - 2 boats Wind 4x3	
	Lake Constance Cup - Wind field	·	NEW
		Uberlingen race - 2 boats - 6 Wind fields Start 15°	NEW
		Constance race - 2 boats - 6 wind fields start 345°	NEW
		Lindau Race - 2 boats - 8 Wind fields Start 360°	NEW
	Wind fields with flexible bound		NEW
		Wind fields - right-left	NEW
		Wind fields - right-left-neutral	NEW NEW
		Wind fields - flexible - right hand shifts Wind fields - flexible - left and right shifts	NEW
	Gain or loss:	Willia Helas - Hexibite - left and right shirts	IVLVV
	Gu 6. 1655.	Starting line - The 10 to 17 rule	
		Starting line - The 10 to 17 rule - Gust	
		Use the '10 to 25' rule	
		Leverage – 'Money in the bank'	
	Reward and Risk - Windsystem	-2:	
		Chance and Risk - Upwind 'Wind System-2' - 2 boats	
		Chance and Risk - Downwind 'Wind System-2' - 2 boats	
	Speed (VMG/VMC):		
		VMG - Definition of 'Velocity Made Good to Wind'	
		VMG - Animation of Tactic on higher VMG VMG - Speed Test - 2 Boats	
		VMC - Definition of 'Velocity towards Course Mark'	
		Time Definition of Velocity towards Course Wark	
	Sum Coach:	176	
	Sum Wind:		
	Sum Race:		
End			
	Sum Tips Coach:	34	
	Sum Tips Wind:		
	Sum Tips Race:	18	

Sum Tips Race: 18 Sum all Tips 73